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#### 1. OBJECTIVE

- o To enable people from all age groups and backgrounds to become familiar with and learn the shlokas of Bhagavad Gita.
- o To further popularise the Bhagavad Gita and carry forward the work initiated by Pujya Gurudev across the world in an organised manner keeping the core essentials same while catering to the local needs of the Centres/areas.
- o The Gita Chanting Competition project is usually spread over a period of about 9 months and involves extensive interaction with the participating schools as well as the public at large.
- o Through this competition, Chinmaya Mission touches the lives of millions of families every year. It is therefore essential that the local teams follow a uniform method in conducting the competition. This will allow us to collaborate more effectively as a team and uphold the standards of the Mission.

#### **Request to User:**

In this manual, global practices/procedures have been collated and presented in the form of guidelines. The aim is to enable the members of the local teams to understand the rules and regulations to be followed clearly and apply them effectively while conducting the competition.

This document has been drafted in line with the present practices and procedures that are being followed in conducting the competition. The same should necessarily be updated to include changes in procedures that may have to be incorporated in keeping with changing times.

Kindly give your feedback to <u>chantgita@chinmayamission.com</u> so that suitable upgrades to the manual are made.

#### 2. THE ORGANISATION

The planning of the competition will be done by a team of sevaks (CGCCCT Chinmaya Gita Chanting Competition Central Team) and supported by CCMT. Guidelines will be issued by March every year to all the Centres regarding the rules and regulations to be followed during the year for the competition. CCMT will also notify of the relevant chapter of the Bhagavad Gita, in which the competition is required to be conducted during the year.

The Central Team (CGCCCT) will consist of the following members:

- Members from CCMT
- o North Zone coordinator from amongst Centres in North India
- o East Zone coordinator from amongst Centres in East India
- West Zone coordinator from amongst Centres in West India
- South Zone coordinator from amongst Centres in South India
- Coordinator for USA
- Coordinator for UK
- o Coordinator for Australia
- Coordinator for UAE
- Coordinator for Bahrain
- o Coordinator for Kuwait
- o Any other member co-opted

#### The details of the coordinators are given at the end of the document in Annexure 9.

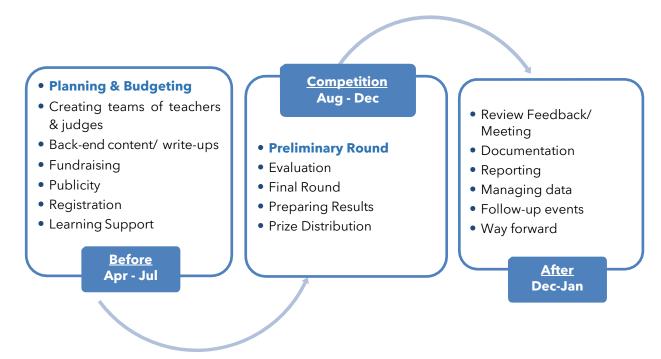
#### The role of the Central Team will be:

- o Decide on the chapter to be taken up for the year.
- Prepare the requisite resource materials which can be used by Centres to train sevaks and participants.
- Provide guidelines in the conduct of the competition like timetables, chapter, rules for judging, number of prizes, certificates etc.
- o Create a database of participants through online registration facility in a suitable format.
- o Create a framework for physically organising the competition at the Centres.
- o Provide publicity materials for the Centres to use.
- Receive feedback and take corrective actions.

The total participation strength is divided into categories and the verses of the relevant chapter are bifurcated among these categories. For details relating to the categories, please refer to the chapter on Preliminary Level Competition. Thereafter, steps are taken to conduct the finals for the winners of the preliminary level. The following events / activities are required to be carried out under the guidance of the LCGCC coordinators and Central Team.

- a. For the year 2024 the chapter chosen is Chapter 5.
- b. The shlokas will be available in downloadable form as Annexure 10.
- c. The audio is available through the link: <a href="https://drive.google.com/file/d/1252EH86Eu-ZVbeleMUjWWzxQZLm3Uv3N/view?usp=drivesdk">https://drive.google.com/file/d/1252EH86Eu-ZVbeleMUjWWzxQZLm3Uv3N/view?usp=drivesdk</a>

#### **Important Action Milestones**



The above timelines will be shifted to September-May sessions for USA and UK Centres.

For detailed of actions, please refer to **Annexure 7** 

#### **Local Centre Level Organisation:**

- a. It is expected that each Centre will appoint a Chinmaya Local Gita Chanting Coordinator (CLGCC) who will oversee the implementation of the competition.
- b. The CLGCC will form his/her own team, depending on the size of the Centre, in making sure the timetables and guidelines issued by the Central Team are properly implemented.
- **c.** The CLGCC with the local team will help to train trainers who can train children in schools and other places.
- **d.** The CLGCC and the local team will be responsible for planning and smooth conduct of the competition as well as increasing the reach of the competition to more children/schools etc., within the overall guidelines given by the Central Team.
- **e.** CLGCC will have authority as prescribed by the Central Team in taking decisions in smooth conduct of the competition in the local area.
- f. CLGCC will also be responsible for reporting the actual outcome of the competition after the finals are over so that the feedback can help future planning.

#### 3. PLANNING & BUDGETING

This phase of the project preferably starts at least 8 to 9 months prior to the date of targeted conclusion of the project (Final Competition). Since the events / activities involved in GCC are largely predictable, they are to be planned in advance, so that the team gets an overview of the entire project in the beginning itself. This phase starts with meetings of the LGCC coordinator and core team volunteers committed to offering their seva for this project.

The agenda of these meetings to include the following:

- o Set a target in terms of number of participants to be reached through GCC in a given year.
- o Announce a chapter of the Bhagavad Gita for competition as guided by the Central Team.
- o Announce age-wise breakup of the portion to be learnt for the competition.
- o Decide on the contribution towards Registration (if any) for the competition.
- o Number of prizes to be given per category.
- o Prepare an estimate of budget for the project.
- o Prepare a calendar of major events.
- o Identify the team members, forming departments and allotment of duties.

#### Preparing an estimate or budget for the project

The budget for the project must consider the fixed costs and variable costs (depending on the target number of participants) involved in the project. It must be decided in a manner so that the project is not only self-sufficient but also generates some surplus as donation to the Centre.

A format for estimate/budget is provided below as a guideline. Necessary changes can be made as required.

FIXED COST							
Essential Activity Approx. Cost							
1. Printing Registration forms (based on target)							
2. Prizes							
3. Posters for notice boards of schools/institutes							
4. Banners to be placed in Centre's premises							
5. Judge's kit							
6. Overheads							
7. Booklet printing							
Total							
Optional Activity	Approx. Cost						
1. Advertisement Banners							
2. Newspaper handouts							
3. Venue bookings							
4. Any other							
Total							

#### **VARIABLE COST (for \_\_** Participants) **Essential Activity Approx. Cost** 1. Printing invitation letters and thank you letters 2. Printing guideline documents for judges/teachers 3. Printing certificates 4. Conveyance for teachers and judges 5. Snacks/Refreshments for participants/volunteers of miscellaneous round and final round 6. Gifts to teachers and judges 7. Gifts to school co-ordinators 8. Gifts to volunteers 9. Any other point Total **Optional Activity Approx. Cost** 1. Copies of Bhagavad Gita for all participants 2. Token of appreciation to the sponsors 3. Token of appreciation to the participants Total

#### 4. CONDUCT OF THE COMPETITION

- The participants are bifurcated into categories/groups based on their age and the number of verses to be chanted. This should be suitably reduced in the case of the junior level categories.
   A <u>standard categorisation</u> is given below.
- o The revised Group Categories are as follows:

GROUP	STANDARDS/GRADES/CLASSES	VERSES
А	Nursery, Kindergarten (lower and upper)	6
В	1 and 2	11
С	3 and 4	16
D	5 and 6	21
Е	7, 8 and 9	26
F	10,11 and 12	29

- For each of the categories, the number of shlokas for the competition is specified in advance. LCGCC (Local Chinmaya Gita Chanting Competition) is held in the form of two rounds
   preliminary round and final round. Preliminary round is usually conducted at the respective school/institute so that maximum students at the school can be accommodated.
- O For the participants who do not register through any school/organisation but register with the Centre directly (for example, our Bala Vihar children), a miscellaneous round is conducted at the Centre. The date for the miscellaneous round is kept after the preliminary round for all the schools/institutes are completed, so that the students who have registered through their respective schools/institutes but missed attending the preliminary round at their schools/institutes, can also be accommodated in the miscellaneous round.
- o A proposed schedule for the various activities in the local Centres is given below:

S. No.	Nature of Event / Activity	Time Period	
1	Preliminary Communication	Month 1	
2	Detailed Communication including Brochure	By Month 2 middle	
3	Registration	Month 2 to Month 4	
4	Preliminary Level Competition	Month 4 to Month 7	
5	Workshops for students / teachers	Month 2 to Month 3	
6	Direct Entry	Month 6 to Month 7	
7	Finals By Month 9		
8	Prize Distribution Month 10		

Suitable adjustments in dates to be made in USA and UK (Sept to June) and in India (May to Jan) and similarly in other countries.

#### • **Guidelines for Judges:**

- O A minimum of two judges (preferably 3) are to be appointed to conduct the competition for a given category.
- o The judge leading a competition should start the competition with prayers and greetings.
- O Avoid praising, scolding or any correction for chanting during the competition.
- o Preliminary Round Competition is for 100 marks. The breakup of marks is as follows:

#### Group 1: Centres which have memorisation:

Memory: 45 marks

Pronunciation: 30 marksPresentation: 15 marks

• Meter: 10 marks

#### Group 2: Centres which also allow reading for specific age groups:

• Pronunciation: 60 marks

• Presentation: 30 marks

Meter: 10 marks

o Final Round Competition is for 100 marks. The breakup of marks is as follows:

#### Group 1: Centres which have memorisation:

• Memory: 40 marks

Pronunciation: 40 marksPresentation: 10 marks

Meter: 10 marks

#### Group 2: Centres which also allow reading for specific age groups:

• Pronunciation: 60 marks

• Presentation: 20 marks

Meter: 20 marks

#### • Evaluating Memory:

- O Judges must ask the participant to chant at least 2 to 3 verses at random from the portion of Gita applicable to the participant.
- o For asking the participant to chant, the judge has to give the child the first word of the verse. If any prompting is needed for chanting, marks for memory are to be deducted.
- o For preliminary round, while asking to chant verses at random, the verses are to be selected in ascending order only. (e.g., verse no. 40, 51, 66 and NOT verse no. 40, 12, 55). The judges should not call out the verse numbers, but give the first word of the verse.
- o Marks are to be given only for the verses and not the Sankalpa Vakya or titles of the chapters.

#### • **Evaluating Pronunciation:**

- O Correct pronunciation of the alpapranas (1st and 3rd alphabets of each line of ka, kha, ga... till ma) and mahapranas (2nd and 4th alphabets of the same).
- O Correct pronunciation of the big and small matras (of 'ee' and 'oo').
- O Visarga (the 'ah sound ':') and 'anuswara' (the dot on top of the line). It should not be added to the words where it is not there.
- O Nasal consonants (the last alphabet of the first 5 lines of the alphabet).
- The difference between 'na' (as the soft sound) and 'na' as in 'Ravana' should be clear and correctly pronounced.
- O Same with the 'sha' and 'sa' sounds.
- o The conjunct consonants should be clear and correct.

#### • Evaluating Presentation:

The participant is expected to do the following:

- O Stand straight during his/her recital.
- o Should not be fidgeting with dress.
- O The pace of chanting should not be too fast nor too slow.
- o Should face the judges and not look here and there.
- O Should not close the eyes while chanting. Use your judgement.
- O Should be confident and not fearful, hesitant or nervous.

No overwriting of marks is allowed once given.

#### • Evaluating Meter:

- O Being consistent with the respective meter (Chandas/vṛttam)
- The participant should not deviate from that which is presented in the audio link.
- O Speaking in prose should be avoided.

#### • Marking:

Marking for each participant to be done in the standard evaluation sheet provided as per Annexures.

#### • Concluding and Collating Results:

- The participants who chant at least 3 verses by heart and do not qualify for the next round to be given a certificate and prasad.
- o Conclude the competition with prayers.
- o The evaluation sheets of all judges are to be marked with name and contact number of the judge.
- Compiled set of evaluation sheets for a given institution to be given to LCGCC team immediately after conducting the competition.
- The LCGCC team will do the data entry and result calculation using the Excel workbook with standard formulae.

# गीतापाठेऽर्थजिज्ञासा ततोज्ञानंभविष्यति । कृतार्थताहिज्ञानेन तस्माद्गीतांपठेन्नरः ॥



#### **5. GENERAL GUIDELINES**

#### **Registration:**

After dispatch of the detailed communication with the brochure, the local teams should follow-up with the schools in their areas to initiate the registration process. If a new school is being approached, the school should be provided with the introductory letter about CGCC and then the brochure should be handed over for registration. Wherever feasible, effort should be made to use the support of the Chinmaya Vidyalaya teachers, parents and Mission members for approaching new schools.

The schools have to register by returning the Entry Form attached to the brochure duly filled in with the number of students participating under each category and the details relating to remittance of the entry donation. A participant can register for CGCC by filling a registration form (sample form enclosed in **Annexure 8**) either through his/her school/institute or directly with the Centre (if the school is not supporting the CGCC) or online. The form must have a few mandatory fields including contact details of at least one of the parents so that we can invite them for the Centre's upcoming programmes. In certain cases, if any school does not agree to provide contact details of the parents, we can collect the details of the school coordinator.

#### **Participation as a Direct Entrant:**

If any child from a participating school is unable to participate in the preliminary competition held at any school for reasons beyond his/her control, he/she can be permitted to participate as a 'direct entrant' only if such participation is substantiated with a letter/certificate from the school concerned. In addition, all students who are studying in a non-participating school can be allowed direct entry and a separate competition held for them.

#### **Entry Donation:**

The 'entry donation' for participating in the competition can be fixed by the local Centre to meet the expenses of conducting the GCC. Entry donation in excess of Rs. 2,000, should be received only in the form of cheque/demand draft/electronic fund transfer in favour of Chinmaya Mission, as per current rules in India. For other countries, local rules may be followed.

This donation is just a token amount to be received from the participating children, which enables the Mission to try and meet some of the expenses incurred in connection with the project. To break even and if feasible, to build a corpus for the purpose of meeting the expenses for this project in future, an attempt should be made every year to seek support for the cause by way of sponsorships from philanthropists who value the importance of such a project.

#### Distribution of booklets/CDs/download from CGCC site:

Upon registration, the children who have registered shall be eligible to receive one copy of the booklet (and/or one CD wherever relevant). Alternatively, the child should be able to download the shlokas through the Central CGCC site.

#### **Training:**

The local teams should take all steps to ensure that the school participants, as well as the direct entrants, in their respective areas, are adequately trained for the competition. If any school in the area needs support for training, the LCGCC (Local Chinmaya Gita Chanting Competition) team should make arrangements for such training with the support of Chinmaya Vidyalaya teachers, parents, Mission members, Bala Vihar sevaks and other learned persons who may be interested in supporting the cause.

#### **Accounting of Expenses:**

Expenses, if any, to be incurred by the local teams towards transportation etc., should not be adjusted against the entry donation received from the schools. The gross amount of the entry donation should be credited to the Chinmaya Mission account. The LCGCC coordinator should place a request for an advance and the local team's expenses should be met out of the advance amount received.

Upon conclusion of the competition, the LCGCC coordinator should submit the details of the expenses incurred against the advance amount sanctioned and settle the account. Each registration form received at the office must be given a registration number and separate record of all the forms to be maintained at the office for a given year. Also, the contribution towards registration (if any) for CGCC are to be accounted in a separate income head.

#### **Allotment of Departments & Duties:**

It is better to have a team to work towards organising and conducting the LCGCC. The CLGCC (Chinmaya Local Gita Chanting Coordinator) should form a team and allot work to different people so that maximum efficiency and a sense of yajna spirit are kindled in all. Once the general allotment is done, the coordinator can organise department wise meetings to discuss respective responsibilities in detail. Once the roles are assigned amongst the team of volunteers, each team member starts building a list of action items falling under one's area of responsibility. The following table summarises different areas, suggested numbers of sevaks and their key responsibilities for execution of CGCC project. The local Swamin or Brahmacharin should guide and act as an empowering agent for the smooth conduct of CGCC.

Team Role	Responsibility
LCGCC	Empowering team members
(Coordinator)	Ensuring coordination amongst the team members
	<ul> <li>Monitoring activities of each department and receiving regular updates (at least fortnightly)</li> </ul>
	Reporting project updates to CMT/CGCCCT (monthly)
	<ul> <li>Passing on and implementing the instructions received from CCMT/CGCCT</li> </ul>
	Monitoring cash flows and accounts
	Conducting regular meetings and circulating minutes with

Team Role	Responsibility			
	<ul> <li>action items to all</li> <li>Conducting necessary meetings at different phases of the competition and circulating minutes to all</li> <li>Taking important decisions within stipulated time (in consultation with CCMT/CGCCCT if required)</li> <li>Sending reports to CGCCCT</li> </ul>			
Support Team 1	<ul> <li>Preparing various letters, forms and write-ups</li> <li>Designing publicity materials &amp; certificates</li> <li>Arranging prints of the publicity material</li> <li>Documentation/Data entry</li> <li>Sending email invitations</li> <li>Preparing kits for judges</li> <li>Arranging gifts and prizes</li> <li>Taking care of venue arrangements at the Centre for competition</li> </ul>			
	The arrangement at the Centre includes:  Overall cleanliness & decorations (if any)  A placard for specific areas like (toilets, shoes, water, classes for each category etc.)  Waiting area for parents (chairs)			
	In each of the classroom/competition area:  O A placard indicating category and level of the competition O An altar O Tables and chairs for judges O Judge's kits & attendance sheet O Carpet for participants O Water and refreshments for participants O Tea/refreshments for judges			
	<ul> <li>Ensuring that necessary facilities are arranged by the respective school/institute</li> <li>Arranging the printed and signed certificates with names of the respective participants/finalists.</li> <li>Providing updates to the LCGCC coordinator (at least fortnightly)</li> </ul>			
Outreach Team	<ul> <li>Identifying and approaching new schools/institutions</li> <li>Liaising with schools/institutions (new as well as those from the existing database)</li> <li>Facilitating the registration process</li> <li>Fixing dates for the preliminary round of the competition for each school/institution</li> </ul>			

Team Role	Responsibility			
	<ul> <li>Passing on the data collected to the back end team</li> <li>Passing on the feedback from the schools to the coordinator</li> <li>Providing updates to the CGCC coordinator (at least fortnightly)</li> </ul>			
Teaching & Evaluation	<ul> <li>Identifying and creating teams of potential teachers and judges</li> <li>Arranging a seminar for all teachers &amp; judges</li> <li>Creating learning aids</li> <li>Alloting teachers for conducting classes at various schools</li> <li>Organising chanting classes for participants of CGCC</li> <li>Making teams of judges and preparing a calendar for each team for conducting competitions at different venues</li> <li>Ensuring that the teachers/judges reach the competition venue at least 5 minutes prior to the class/competition</li> <li>Passing on the judgement sheets to backend team</li> <li>Coordinate with the backend team to finalise the results (students qualifying for certificates, finals)</li> <li>Providing updates to the CGCC coordinator (at least fortnightly)</li> </ul>			
Publicity & Fundraising Team	<ul> <li>Preparing a sponsorship presentation</li> <li>Making a list of sponsors</li> <li>Fundraising &amp; liaising with sponsors</li> <li>Identifying other marketing channels</li> <li>Creating content (write-up &amp; pictures) social media</li> <li>Ensuring social media (Website, Facebook, Instagram, Twitter) publicity</li> <li>Ensuring that the data collected through CGCC gets entered into the Centre's central database.</li> <li>Reposting significant updates of CGCC to Website / Tapovan Prasad / CCMT Outreach Team</li> <li>Providing updates to the CGCC coordinator (at least fortnightly)</li> </ul>			

#### 6. GUIDELINES FOR CONDUCTING THE PRELIMINARY COMPETITION

- The local team should communicate the date and time of the preliminary round to the school authorities well ahead of time and make sure that there is no lastminute firefighting.
- ii. On the date fixed for the preliminary round, the local team should make it a point to reach the venue well ahead of time and ensure that the preparations made by the school are adequate. If any improvements are needed, they should request the school authorities to complete the same at the shortest possible time.
- iii. The total participation strength from various classes under each category should be divided into 'clusters', i.e., groups of 30 participants. If the total participation strength under a category is an odd number, the count for each cluster can be adjusted suitably, so as to ensure that the count in each cluster under the said category is between 25 and 35. However, the count should not be less than 25 in any cluster under a category, except in situations where the said number is the total participation strength under that category. In case of doubts in this regard, the matter should be referred to the LCGCC for clarification.
  - a. **Example** If there are 300 participants under category A, the grouping will be very simple, viz., 10 clusters of 30 participants each. If the participation strength is 255, there should be 7 clusters consisting of 32 participants and 1 cluster consisting of 31 participants.
  - b. In exceptional situations, where the total number of participants from different classes under any category does not exceed 30, the participants from all such classes forming part of that category can be clubbed together into one cluster for e.g., if the total number of participants from classes III to V in category B is 25, all of them can be clubbed together to form one cluster.
- iv. The local team should ensure that on the day of the preliminary competition, there are enough judges to evaluate all the students who are participating. If there is a shortage of judges, they should connect with the nearest Chinmaya Vidyalaya or members of Chinmaya Mission or Bala Vihar sevaks and seek their help in carrying out the evaluation.
- v. The evaluation should be strictly based on criteria like pronunciation clarity, memory, posture, etc. The evaluation sheet to be given to the judges will contain the basis of evaluation **Annexure 1**.
- vi. The judges should strictly adhere to the rules of the competition and should refrain from asking irrelevant questions to the participants.

- vii. All the participants from a school who chant 3 verses should be given a Merit Certificate for having participated in the event.
- viii. Only the top three performers in each 'cluster' should be awarded one each of the 'gold', 'silver' and 'bronze' medals or gifts of Chinmaya Publications. So, in a cluster of 30 participants, the best performer will receive the gold medal, the second-best performer will receive the silver medal and the third best performer will receive the bronze medal. Accordingly, in a school with a total participation strength of 1200 students divided into 40 clusters of 30 participants per cluster, the maximum number of medals to be distributed shall be 40 gold, 40 silver and 40 bronze medals/gifts.
- ix. Other participants, who perform well in the preliminary evaluation, but do not qualify for a medal, may be awarded the special Appreciation Prize.
- x. Only the gold medal winners from each 'cluster' shall qualify for the finals.
- xi. Immediately upon conclusion of the preliminary competition for all the participants in the school, the local CGCC representative should share the list of winners with the school authorities and hand over the medals and certificates for distribution. If the medals and certificates are not readily available, the local CGCC representative should arrange to send the same to the school within the next two working days.
- xii. The Local CGCC coordinator should hand over the evaluation sheet(s) (Annexure duly filled in and the list of qualifiers, i.e., gold medal winners, under each category) from each class to the Chinmaya Mission office immediately upon completion of the preliminary competition at each school. The format for sharing the list of qualifiers will be as per **Annexure 2 / 2.1.** This will enable the CM office to make arrangements for the finals by assigning registration numbers for each qualifier. Accumulation and sharing of information at the eleventh hour will result in errors at the time of compilation of data relevant for the finals.

#### 7. PRELIMINARY SELECTION FOR DIRECT ENTRANTS

The ultimate aim of the Gita Chanting Competition is to empower as many children as possible with the timeless values contained in the Bhagavad Gita in various forms. Hence, Chinmaya Mission endeavours to ensure that no child is denied the opportunity to participate in the competition. Through the competition, the Mission reaches out to thousands of families with the message of the Gita and thereby provides them with an opportunity to walk on the path of transformation.

Even though the Mission approaches and invites all schools, there are many schools who do not participate in the competition. In order to ensure that the children studying in such schools are not deprived of the opportunity to participate in the competition, the Mission permits them to participate in the preliminary level competition through 'direct entry'. Hence, 'direct entrants' will be those whose schools do not participate in the competition.

Further, if any child from a participating school is unable to participate in the preliminary competition held at the school for reasons beyond his/her control, then he/she can be permitted to participate as a 'direct entrant' only if such participation is substantiated with a letter/certificate from the school concerned.

The preliminary competition for direct entrants can be conducted by the Centre at a venue located in their area, subject to fulfilment of the following criteria:

- o The number of such participants is preferably at least 30; and
- o The local CGCC team is able to get a venue (preferably a school) at minimal or no cost.

Conducting the competition for direct entrants, viz., categorisation, grouping into clusters, evaluation, distribution of medals and certificates, etc., will be similar to the preliminary level competition at schools. The gold medal winners among the direct entrants will qualify for the finals along with the qualifiers from the schools.

#### 8. GUIDELINES FOR CONDUCTING THE FINALS

- 1. The CGCC coordinator should ensure that the lists of qualifiers from schools and direct entry are passed on to the CM office as and when the preliminary competitions get completed. This will enable error-free compilation of names of the finalists.
- 2. The preliminary rounds at the school level and for direct entrants should be completed preferably by mid-October, to ensure that the finals are held in the 1<sup>st</sup> week of December.
- 3. Once the decisions regarding the date of the finals are taken by the CGCC group, a communication should be sent to all the participating schools at least 3 weeks before the finals, indicating therein, the venue. The list of qualifiers from the respective schools, having been prepared based on the lists provided by the CGCC coordinators, it should be attached to this letter for confirmation by the schools.
- 4. All arrangements at the venues will be made by the CGCC team members.
- 5. The names of the participants under each group should then be arranged in alphabetical order for each class under each category and then grouped into clusters of 30, to be evaluated.
- 6. On the day of the finals, the names of the participants should be put up on the notice boards at the venues with the classroom to which the participant should report.
- 7. The judges for the finals can be invited from other Centres of the Mission to ensure that the evaluation at the finals is objective and unbiased.
- 8. The criteria for evaluation at the finals should be similar to that of the preliminary round, but tougher in terms of standard of evaluation. The format for evaluation of the participants at the finals will be as per **Annexure 3**.
- 9. The top three performers in each 'cluster' could be awarded the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prizes. A fourth prize can be awarded in the form of a special Appreciation Prize to a participant who is very good but misses out narrowly on the 3rd prize. In exceptional circumstances, the judge can resort to one or two more Appreciation Prizes.

#### 9. PRIZE DISTRIBUTION

- Some Centres may prefer to have the prize distribution in a separate ceremony. The CGCC prize distribution should be conducted latest by the 31<sup>st</sup> December of the year.
- 2. The venue for the prize distribution can be our Mission Centre or one of our Chinmaya Vidyalayas.
- 3. The list of the prize winners under each category should be put up on the Chinmaya Mission website along with details relating to the date, time and venue for the prize distribution.
- 4. Communication regarding the programme should be sent to the following persons:
  - o Principals of the schools that have won the overall rolling trophy, based on total number of winners, runners up, third and Appreciation Prize.
  - o Principals of the schools whose students have won the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and Appreciation Prizes, together with the list of students who need to be informed about the prize distribution.
  - o Principals of the schools that have supported the project with the participation strength of at least 500 students.
  - o Individual / corporate sponsors who have supported the project.

The prize distribution function can begin with a puja, followed by a benedictory address by a Swamin / Brahmacharin. This should be followed by the felicitation of the sponsors and volunteers who participated in the zonal teams. Thereafter, the awards should be given away to the winners.

If the prize distribution is done on the same day immediately after the finals, it can be arranged as a small function. A Swamin / Brahmacharin can address the parents who have gathered. This will reduce absentees of the winners on the prize distribution day.

#### 10. SUBMISSION OF FINAL REPORT

All coordinators are to fill the final report with the necessary information requested in the following link:

https://docs.google.com/spreadsheets/d/1Tnrjg7uwB6OY0nCdF\_dR6hup\_qVV-jOb6Ulxq5KWwSI/edit?usp=sharing

## "CHANT GEETA - ENCHANT KRISHNA"



# CHINMAYA GITA CHANTING COMPETITION .....CENTRE, YEAR...... PRELIMINARY SELECTION

#### **ANNEXURE 1**

#### **Title Sheet**

Name of the School	
Address	
Phone No.	
Email Id.	
Name & Contact No. of the School Coordinator	
Name(s) of the Judge(s)	
Date of the Event	
Class	
Category	
Total Number of Participants	

Class	Category
Number of Participants	
Name of Judges	

## CHINMAYA GITA CHANTING COMPETITION .....CENTRE, YEAR......

#### **Preliminary Selection Evaluation Sheet: Memorisation**

S. No.	Name	Regn No.	Memory (45 Marks)	Pronunciation (30 marks)	Presentation (15 Marks)	Meter (10 Marks)	Total	Rank
1.								
2.								
3. 4. 5.								
4.								
5.								
<ul><li>6.</li><li>7.</li><li>8.</li><li>9.</li></ul>								
7.								
8.								
9.								
10.								

#### **ANNEXURE 2.1**

## CHINMAYA GITA CHANTING COMPETITION .....CENTRE, YEAR......

#### **Preliminary Selection Evaluation Sheet: Reading**

S. No.	Name	Regn No.	Pronunciation (45 marks)	Presentation (45 Marks)	Meter (10 Marks)	Total	Rank
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							

# CHINMAYA GITA CHANTING COMPETITION .....CENTRE, YEAR...... PRELIMINARY SELECTION

#### **Format for Notifying the 1st Prize Winners**

Name	
Class	
Category	
Date of Selection	

S. No.	Name	Section

#### **ANNEXURE 3.1**

## CHINMAYA GITA CHANTING COMPETITION .....CENTRE, DATE......

#### **Preliminary Selection List**

Name of the School

The following students have been selected for the finals from your esteemed school. The finals will be held on:

Date:

Day:

Timings:

Venue:

Any other specific instruction required by the Centre can be given.

In His Service LCGCC sevak name

#### Name/Category

S. No.	Name	Class
1.		
2.		

#### Name/Category

S. No.	Name	Class
1.		
2.		

## CHINMAYA GITA CHANTING COMPETITION .....CENTRE, YEAR......

#### **Finals Title Sheet**

Venue	
Name & Contact No. of the CV Coordinator	
Name(s) of the Judge(s)	
Date of the Event	
Class	
Category	
Total Number of Participants	

#### Note:

Judges are requested to use the enclosed 'Evaluation Sheet' to evaluate each cluster of 30 participants.

## CHINMAYA GITA CHANTING COMPETITION .....CENTRE, YEAR......

#### **Evaluation Sheet for Finals: Memorisation**

S. No.	Name	Regn No.	Memory (40 Marks)	Pronunciation (40 marks)	Presentation (10 Marks)	Meter (10 marks)	Total	Rank
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								

#### **ANNEXURE 5.1**

CHINMAYA GITA CHANTING COMPETITION	V
CENTRE, YEAR	

#### **Evaluation Sheet for Finals: Reading**

S. No.	Name	Regn No.	Pronunciation (60 Marks)	Presentation (30 Marks)	Meter (10 Marks)	Total	Rank
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							

#### **Timelines**

S. No.	Action Point	Timelines (On or before)	Timelines
1.	Information about the details the chapter and rules for the year to be sent to local Centres.	March 31	T-275 days
2.	Workshops for students and teachers.	April / May	T-275 to T-245 days
3.	Accessibility to materials for downloading for the local Centres.	April 28	T-217 days
4.	Dispatch of preliminary communication to schools by local Centres (preferably by email) intimating them about the chapter for that year.	April 30	T-215 days
5.	Finalisation of GCC brochure by local Centre.	April 30	T-215 days
6.	Dispatch of detailed communication along with brochure to schools.	June 7	T-177 days
7.	Printing of GCC booklet containing the script and procurement by Centres in India.	June 15	T-169 days
8.	Hosting of GCC poster, brochure, booklet and audio file on central website.	June 15	T-169 days
9.	Commencement of registration (depending on Centres).	June 15	T-169 days
10.	Dispatch of communication regarding workshops for students and teachers (if applicable). Date of dispatch will depend on the date fixed for the workshops (if applicable).	August 1	T-122 days
11.	Placement of orders for medals/certificates.	August 15	T-108 days
12.	Closure of registration. (In exceptional cases, this can be extended up to 1st week of October).	September 30	T-62 days
13.	Commencement of Preliminary Level Competition.	October 15	T-47 days
14.	Completion of Preliminary Level Competition.	October 30	T-32 days
15.	Preliminary Level Competition for Direct Entrants.	October 30	T-32 days
16.	Communication to schools regarding finals to be conducted during 1st week of December.	November 7	T-24 days
17.	Communication to judges regarding the finals.	November 7	T-24 days
18.	Hosting the finals. If the date of the finals, clashes with exam dates or any other unforeseen reason, the finals can be deferred.	November 15	T-16 days
19.	Placement of orders for prizes after ascertaining the number of winners under each category.	November 15	T-16 days
20.	Prize Distribution. If for some reason, the finals are deferred to 1st week of January, the prize distribution date can be shifted suitably.	December 31	Т

## CHINMAYA GITA CHANTING COMPETITION .....CENTRE, YEAR......

#### **Format for Notifying the Prize Winners**

(Please use separate sheets for providing the names of 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, Prize Winners)

S. No.	Regn. No.	Category	Name	Class	Name of the School

## CHINMAYA GITA CHANTING COMPETITION .....CENTRE, YEAR......

#### **Application for Participation**

Name of the Student	
Address	
Contact Phone No.	
Email Id.	
Class studying	·
Name & Contact No.	
of the School Coordinator *	
Name of the Parent *	
Contact details of the Parent	
Approval of Principal *	
Approval of Parent *	
Signature of Student	

<sup>\*</sup> Parent will sign in case school is not participating

#### **Contact details of Coordinators**

	Zone	Coordinator	<b>Contact Number</b>	Email
Global	CCMT*	Smt Vijayashree Raju Anandas	+91 9822211326	chantgita@chinmayamission.com
		Brni Veena Chaitanya	+91 9594631927	
India	East	Smt Jayashree Chandrashekhar	+91 9831034237	jayashree_c2000@yahoo.com
	West	Smt Manjula Vasudevan	+91 9004658853	manjulavasudevan@yahoo.com
	North	Smt Lalitha Prakash	+91 9313634923	lalita_prakash06@yahoo.co.in
	South (All states)	Shri Harishyam	+91 9444287820	harishyamsa@gmail.com
	Kerala	Shri Sasidhar Menon	+91 9446022782	cstktcr@gmail.com sasimenon.tcr@gmail.com
	Vidyalayas	Smt Meena Sriram	+91 9840834372	meenasriram@gmail.com academicadministrator@chinmaya educationcell.org
Auckland		Smt Parvati Krishnamoorthy		parkri89@gmail.com
Australia		Swami Shrikarananda	+61 416482149	sshrikarananda@chinmaya.com.au
United		Shri Vishva	+44 7939154964	vishva@mac.com
Kingdom		Shri Krishnan Rajaram	+44 7747138184	magickrish@gmail.com
		Smt Mythili Vatsa		mythili.vatsa@gmail.com
United		Smt Anjana Suresh	+1 609 9155104	anjanarsuresh@gmail.com
States of America		Smt Rajul Bhalala	+1 847 3022383	nbhalala@aol.com
Middle	Dubai	Shri Jayaram Anand	+971 507276014	Jay_anand@hotmail.com
East	Dubai	Smt Kavitha Ganesh	+971 508102460	kavithaneels@gmail.com
	Bahrain	Shri Atul	+973 39478821	atulss2004@gmail.com
	Kuwait	Shri Vijay Dodeja	+965 99594108	vdodeja@gmail.com

<sup>\*</sup>CCMT - Central Chinmaya Mission Trust

#### **Bhagavad Gita Chapter 5 - Audio Link**

 $\underline{https://drive.google.com/drive/folders/1iqbhzy792Uj\_u8v1s26G05mzcECqLxwN?usp=sh\_aring}$ 

## **ANNEXURE 10.1**

**Bhagavad Gita Chapter 5 - Shlokas** 

#### SHRIMAD BHAGAVAD-GITA

#### Chapter 5

#### True Renunciation

अर्जुन उवाच सन्त्यासं कर्मणां कृष्ण पुनर्योगं च शंसिस। यच्छ्रेय एतयोरेकं तन्मे ब्रूहि सुनिश्चितम्।।१।।

श्रीभगवानुवाच सन्त्यासः कर्मयोगश्च निःश्रेयसकरावुभौ। तयोस्तु कर्मसन्त्यासात् कर्मयोगो विशिष्यते।।२।।

ज्ञेयः स नित्यसन्त्र्यासी यो न द्वेष्टि न काङ्क्षति। निर्द्वन्द्वो हि महाबाहो सुखं बन्धात्प्रमुच्यते।।३।।

साङ्ख्ययोगौ पृथग्बालाः प्रवदन्ति न पण्डिताः। एकमप्यास्थितः सम्यक् उभयोर्विन्दते फलम्।।४।।

यत्साङ्ख्यैः प्राप्यते स्थानं तद्योगैरिप गम्यते। एकं साङ्ख्यं च योगं च यः पश्यति स पश्यति।।५।।

सन्न्यासस्तु महाबाहो दुःखमाप्तुमयोगतः। योगयुक्तो मुनिर्ब्रह्म नचिरेणाधिगच्छति।।६।।

योगयुक्तो विशुद्धात्मा विजितात्मा जितेन्द्रियः। सर्वभूतात्मभूतात्मा कुर्वन्नपि न लिप्यते।।७।।

नैव किञ्चित्करोमीति युक्तो मन्येत तत्त्ववित्। पश्यञ्शृण्वन्त्पृशञ्जिघ्नन् अश्वनाच्छन्त्वपञ्श्वसन्।।८।।

प्रलपन्विसृजनाृह्णन् उन्मिषन्निमिषन्नपि। इन्द्रियाणीन्द्रियार्थेषु वर्तन्त इति धारयन्।।९।। arjuna uvāca

sannyāsam karmaṇām kṛṣṇa punaryogam ca śamsasi, yacchreya etayorekam tanme brūhi suniścitam. (1)

śrībhagavānuvāca sannyāsaḥ karmayogaśca niḥśreyasakarāvubhau, tayostu karmasannyāsāt karmayogo viśisyate. (2)

jñeyaḥ sa nityasannyāsī yo na dveṣṭi na kāṅkṣati, nirdvandvo hi mahābāho sukhaṁ bandhātpramucyate. (3)

sānkhyayogau pṛthagbālāḥ pravadanti na paṇḍitāḥ, ekamapyāsthitaḥ samyak ubhayorvindate phalam. (4)

yatsāṅkhyaiḥ prāpyate sthānam tadyogairapi gamyate, ekam sāṅkhyam ca yogam ca yaḥ paśyati sa paśyati. (5)

sannyāsastu mahābāho duḥkhamāptumayogataḥ, yogayukto munirbrahma nacireṇādhigacchati. (6)

yogayukto viśuddhātmā vijitātmā jitendriyaḥ, sarvabhūtātmabhūtātmā kurvannapi na lipyate. (7)

naiva kiñcitkaromīti yukto manyeta tattvavit, paśyañśṛṇvanspṛśañjighran aśnangacchansvapañśvasan. (8)

pralapanvisrjangrhnan unmişannimişannapi, indriyāṇīndriyārtheşu vartanta iti dhārayan. (9) ब्रह्मण्याधाय कर्माणि सङ्गं त्यक्त्वा करोति यः। लिप्यते न स पापेन पद्मपत्रमिवाम्भसा।।१०।।

कायेन मनसा बुद्ध्या केवलैरिन्द्रियैरिप। योगिन: कर्म कुर्वन्ति सङ्गं त्यक्त्वात्मशुद्धये।।११।।

युक्तः कर्मफलं त्यक्त्वा शान्तिमाप्नोति नैष्ठिकीम्। अयुक्तः कामकारेण फले सक्तो निबध्यते।।१२।।

सर्वकर्माणि मनसा सन्त्रस्यास्ते सुखं वशी। नवद्वारे पुरे देही नैव कुर्वन्न कारयन्।।१३।।

न कर्तृत्वं न कर्माणि लोकस्य सृजित प्रभुः। न कर्मफलसंयोगं स्वभावस्तु प्रवर्तते।।१४।।

नादत्ते कस्यचित्पापं न चैव सुकृतं विभुः। अज्ञानेनावृतं ज्ञानं तेन मुद्यन्ति जन्तवः।।१५।।

ज्ञानेन तु तद्ज्ञानं येषां नाशितमात्मनः। तेषामादित्यवज्ज्ञानं प्रकाशयति तत्परम्।।१६।।

तद्बुद्धयस्तदात्मानः तन्निष्ठास्तत्परायणाः। गच्छन्त्यपुनरावृत्तिं ज्ञाननिर्धृतकल्मषाः।।१७।।

विद्याविनयसम्पन्ने ब्राह्मणे गवि हस्तिनि। शुनि चैव श्वपाके च पण्डिताः समदर्शिनः।।१८।। brahmaṇyādhāya karmāṇi saṅgaṁ tyaktvā karoti yaḥ, lipyate na sa pāpena padmapatramivāmbhasā. (10)

kāyena manasā buddhyā kevalairindriyairapi, yoginaḥ karma kurvanti saṅgaṁ tyaktvātmaśuddhaye. (11)

yuktaḥ karmaphalam tyaktvā śāntimāpnoti naiṣṭhikīm, ayuktaḥ kāmakāreṇa phale sakto nibadhyate. (12)

sarvakarmāṇi manasā sannyasyāste sukhaṁ vaśī, navadvāre pure dehī naive kurvanna kārayan. (13)

na kartṛtvaṁ na karmāṇi lokasya sṛjati prabhuḥ, na karmaphalasaṁyogaṁ svabhāvastu pravartate. (14)

nādatte kasyacitpāpam na caiva sukṛtam vibhuḥ, ajñānenāvṛtam jñānam tena muhyanti jantavaḥ. (15)

jñānena tu tadajñānam yesām nāśitamātmanaḥ, teṣāmādityavajjñānam prakāśayati tatparam. (16)

tadbuddhayastadātmānaḥ tanniṣṭhāstatparāyaṇāḥ, gacchantyapunarāvṛttim jñānanirdhūtakalmaṣāḥ. (17)

vidyāvinayasampanne brāhmaņe gavi hastini, śuni caiva śvapāke ca paṇḍitāḥ samadarśinaḥ. (18) इहैव तैर्जितः सर्गः येषां साम्ये स्थितं मनः। निर्दोषं हि समं ब्रह्म

तस्माद्ब्रह्मणि ते स्थिताः।।१९।। tasmādbrahmaṇi te sthitāḥ. (19)

न प्रहृष्येत्प्रियं प्राप्य नोद्विजेत्प्राप्य चाप्रियम्। स्थिरबुद्धिरसम्मूढः ब्रह्मविद् ब्रह्मणि स्थितः।।२०।।

बाह्यस्पर्शेष्वसक्तात्मा विन्दत्यात्मनि यत्सुखम्। स ब्रह्मयोगयुक्तात्मा सुखमक्षयमश्रुते।।२१।।

ये हि संस्पर्शजा भोगाः दुःखयोनय एव ते। आद्यन्तवन्तः कौन्तेय न तेषु रमते बुधः।।२२।।

शक्नोतीहैव यः सोढुं प्राक्शरीरविमोक्षणात्। कामक्रोधोद्भवं वेगं स युक्तः स सुखी नरः।।२३।।

योऽन्तःसुखोऽन्तरारामः तथान्तज्योतिरेव यः। स योगी ब्रह्मनिर्वाणं ब्रह्मभूतोऽधिगच्छति।।२४।। ihaiva tairjitaḥ sargaḥ yeṣām sāmye sthitam manaḥ, nirdoṣam hi samam brahma

na prahṛṣyetpriyam prāpya nodvijetprāpya cāpriyam, sthirabuddhirasammūḍhaḥ brahmavid brahmaṇi sthitah. (20)

bāhyasparśeṣvasaktātmā vindatyātmani yatsukham, sa brahmayogayuktātmā sukhamakṣayamaśnute. (21)

ye hi samsparśajā bhogāḥ duḥkhayonaya eva te, ādyantavantaḥ kaunteya na tesu ramate budhah. (22)

śaknotīhaiva yaḥ soḍhuṁ prākśarīravimokṣaṇāt, kāmakrodhodbhavaṁ vegaṁ sa yuktaḥ sa sukhī naraḥ. (23)

yo'ntaḥsukho'ntarārāmaḥ tathāntarjyotireva yaḥ, sa yogī brahmanirvāṇam brahmabhūto'dhigacchati. (24) लभन्ते ब्रह्मनिर्वाणम् ऋषयः क्षीणकल्मषाः। छिन्नद्वैधा यतात्मानः सर्वभृतहिते रताः।।२५।।

कामक्रोधवियुक्तानां यतीनां यतचेतसाम्। अभितो ब्रह्मनिर्वाणं वर्तते विदितात्मनाम्।।२६।।

स्पर्शान्कृत्वा बहिर्बाह्यान् चक्षुश्चैवान्तरे भुवोः। प्राणापानौ समौ कृत्वा नासाभ्यन्तरचारिणौ।।२७।।

यतेन्द्रियमनोबुद्धिः मुनिर्मोक्षपरायणः। विगतेच्छाभयक्रोधः

यः सदा मुक्त एव सः।।२८।।

भोक्तारं यज्ञतपसां सर्वलोकमहेश्वरम्। सुदृदं सर्वभूतानां

ज्ञात्वा मां शान्तिमृच्छति।।२९।। jñātvā mām śāntimṛcchati. (29)

labhante brahmanirvāṇam ṛṣayaḥ kṣīṇakalmaṣāḥ, chinnadvaidhā yatātmānaḥ sarvabhūtahite ratāh. (25)

kāmakrodhaviyuktānām yatīnām yatacetasām, abhito brahmanirvāṇam vartate viditātmanām. (26)

sparśānkṛtvā bahirbāhyān cakṣuścaivāntare bhruvoḥ, prāṇāpānau samau kṛtvā nāsābhyantaracāriṇau. (27)

yatendriyamanobuddhiḥ munirmokṣaparāyaṇaḥ, vigatecchābhayakrodhaḥ yaḥ sadā mukta eva saḥ. (28)

bhoktāram yajñatapasām sarvalokamaheśvaram, suhṛdam sarvabhūtānām iñātvā mām śāntimrechati (?

ॐ तत्सत् इति श्रीमद्भगवद्गीतासु उपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे श्रीकृष्णार्जुनसंवादे कर्मसन्त्र्यासयोगो नाम पञ्चमोऽध्याय:।।५।।

om tatsat iti śrīmadbhagavadgītasu upaniṣatsu brahmavidyāyām yogaśāstre śrīkṛṣṇārjunasamvāde karmasannyāsayogo nāma pañcamo'dhyāyaḥ. (5)